

KENNEDY PARK OBSERVATION POST

J.F.Kennedy Memorial Park, 137-147 Beach Road, Castor Bay

For bookings phone Sunnynook Community Centre on 410-4902 or email: snook.com.cen@xtra.co.nz



*Kennedy Park Observation Post
July 2020*



NORTH SHORE CAKE DECORATING CLUB

Meetings are held
on the 1st Wednesday
of every Month
(except January)

12.30pm to 3.30pm
in the
Kennedy Park Observation Post.

NEW MEMBERS WELCOME

Phone Gail Guyatt
on 027 737 3188

KENNEDY PARK OBSERVATION POST 137-147 Beach Road, Castor Bay

The Observation Post is available for hire during day-light hours. It is suitable for small meetings and workshops and is also popular for children's birthday parties.

Don't forget to book your child's
birthday party at the
Kennedy Park Observation Post in Castor Bay.

This is an extremely popular venue.
Limit of 35 people, no alcohol on-site.



For information and bookings please contact
Bronwyn or Debbie in the
Sunnynook Community Centre office phone 410 4902
or email snook.com.cen@xtra.co.nz

ART LESSONS

Held at Kennedy Park Observation Post.
*Learn to draw with step by step instructions,
in a fun and informal environment,
with Richard & Diana Moore.*

No Natural Talent Required!

www.artschoolnz.com

Ph: 09 431 8383

or email: artschoolnz@xtra.co.nz

SeniorNet Glenfield Inc. Technology for Seniors

Why not embrace some or all of the technology available today
eg, computers, smartphones, Ipads, smart TVs etc

Check out what Glenfield SeniorNet has to offer!

Mayfield Centre

5 Mayfield Road, Glenfield 0629

Office Hours:

10am-12noon, Monday-Friday

PH: 09 444 2231

Email: seniornet_glenfield@xtra.co.nz

www.seniornet-glenfield.org.nz



KENNEDY PARK TUNNELS AND WWII TRUST

The tunnels at Kennedy Park are open to the public on the 2nd Sunday of each month, 11.00am to 2.00pm - gold coin optional donation to the Trust. The tunnel entrance is via the petanque court and torches are recommended. Bookings are essential for groups and advisable for individuals and families. For bookings or more information, please contact Chris Owen on 479 5290 / email chris.s.owen@gmail.com

The Kennedy Park WWII Trust is always looking for new members. If you have an interest in the historic military defences of Auckland, particularly those relating to WWII, please contact Chris, details above.

MAH JONG

Pupuke Ladies Mahjong Group meets in the
Kennedy Park Observation Post
every Tuesday, 1.00pm to 4.00pm,
February to November.

Our happy group would enjoy having a few
more members.

If you would like to come along and try it out,
please phone Sylvia Andrews 09 410 4192.

KENNEDY PARK PETANQUE CLUB

Welcomes new members.

Enjoyable and friendly atmosphere - age no concern.

When: Tuesdays and Thursdays, 1pm to 3pm

Sunday mornings, 10am to 12 noon

Phone: Jane Gardiner, 489 7545

Players are welcome to turn up on the day, or for more information
please phone contacts above.

Parent Helpline supports families with all parenting issues from those commonplace situations to the more serious challenges that can lead to child abuse.

Parent Helpline is anonymous, non-judgemental and confidential with a vision to help raise happy children and resilient families.

Parent Helpline 0800 568 856

www.parenthelp.org.nz

Email: admin@parenthelp.org.nz



SUNNYNOOK COMMUNITY CENTRE

Cnr Sunnynook Road and Sycamore Drive, Sunnynook Postal address: 148 Sycamore Drive, Sunnynook, Auckland 0620

Phone: 410-4902 Email: snook.com.cen@xtra.co.nz Website: www.sunnynookcomcentre.co.nz

Office Hours: Monday to Friday 9.00am to 4.00pm

TERM 3 2020 CENTRE ACTIVITIES

MONDAYS

Centre for Mutual Aid	489-8954
Yuanji/Kung Fu Dance	021-051-8128
English Conversation Group	410-4902
Board Games (daytime)	410-4902
Hearts and Minds	441-8989
Chinese Language Classes for children	410-1699
Rudd School of Rock	479-1081
NZ Muse School of Dance and Music Ltd	410-7088
CNSST KungFu/Wushu	021-760-399
Spirit Inc. Tribal Belly Dancing	021-266-0161
Essentrics	021-447-878
Scholar Literature Society	021-0233-1594
Merge NZ—New Zealand Sign Language	(Voice) 021 077 1584 Text only 021 2939 8989

TUESDAYS

Tai Chi - Maintenance (Eileen)	444-8291
Counter Punch Parkinson's Exercise Group	021-0287-8470
Neuro-cise North Shore Dementia Exercise Group	0800-433-636
Tai Chi for Health - Intermediate level (Patricia)	021-292-2272
English Language Partners North Shore ESOL	489-2078
Rudd School of Rock	479-1081
Chinese Language Classes for children	410-1699
Brownies/Pippins	0800 222 292
NZ Muse School of Dance and Music Ltd	410-7088
Arabellas Bellydance School	021-077-4720
Prostate Cancer Foundation of NZ (two monthly)	021-476-222
Yoga (Lauren)	022-024-6344
Crimewatch (monthly)	410-1248
Latin Ballroom (Samantha Malloch)	021-026-58106
Merge NZ—New Zealand Sign Language	(Voice) 021 077 1584 Text only 021 2939 8989

WEDNESDAYS

Wednesday Walking Group	410-4902
Sunnynook Ladies Club (monthly)	410-6728
Milford Combined Probos Club (monthly)	410-6388
Parents Centre (Bays/North Harbour) "Baby & You"	021-203-4663
Bread of Life Christian Church	021-158-2697
Rudd School of Rock	479-1081
Chinese Language Classes for children	410-1699
Miles Dance School	483-6059
Zumba	021-1136-203
Pilates	022-076-6112
North Harbour Rockers	027-277-8059

THURSDAYS

English Language Partners North Shore ESOL	489-2078
It's All About Line Dancing - Susan Orr	027-6411-401
North Shore C.O.P.D. Asthma Support Group (monthly)	623-0236
Golden Sail Dance	021-0271-1949
Sunnynook Community Centre Indoor Bowls	410-4902
English Language Partners North Shore ESOL	489-2078
Chinese Language Classes for children	410-1699
Miles Dance School	483-6059
Goju Ryu Karate	021-065-0994
Arabellas Bellydance School	021-077-4720
German Language Classes - intermediate level	021-261-8160

FRIDAYS

Fitness League - rhythmic exercise	475-5215
Parents Centre (Waitemata) "Baby & You"	446-0959
Yuanji /Kung Fu Dance	021-051-8128
Chinese Language Classes for children	410-1699
NZ Muse School of Dance and Music Ltd	410-7088
Bread of Life Christian Church	021-158-2697

SATURDAYS

Miles Dance School - Baby Ballerinas	483-6059
Sunnynook Chinese Association	021-038-5609
Chinese Language Classes for children	410-1699
NZ Muse School of Dance and Music Ltd	410-7088

SUNDAYS

Bread of Life Christian Church	021-158-2697
Chinese Language Classes for children	410-1699
Sunny Lu Chinese Folk Dance/Chi Gong Class	486-4111
North Shore Country Music Club (fortnightly)	021-267-3135

FREE ENGLISH CONVERSATION GROUP

We invite those with English as a second language to come and practise speaking English and meet new people.

Mondays 10.45am to 12.15pm starting 20th July 2020
Sunnynook Community Centre, Sycamore Room

Light refreshments will be served.

For more information please phone
Bronwyn or Debbie in the

Sunnynook Community Centre Office, 410 4902.



COME WALKING WITH US

Join us on Wednesday mornings for a weekly walk (approximately one hour). Enjoy the company of others and a cup of tea or coffee afterwards.

Meet at 9.30am in the foyer of the Sunnynook Community Centre

For more information or to check for cancellation if it's wet, call the Community Centre on 410 4902.



North Shore Centres of Mutual Aid (C.M.A.) Volunteers

Do you have time to help others?
If so, we need you.

We require:

DRIVERS to help transport our guests to and from a centre once a week. Drivers are usually required from 9.30am-10.00am and 12.30pm-1.00pm.

HELPERS to help with hobbies, crafts and activities; to help with setting and packing up; to help prepare morning tea and lunch once a week from 9.30am-1.00pm.

Please contact our office 09 4898954 if you have any inquiries.

To download volunteer application form go to:

www.cmans.org.nz



Come and join our Games Afternoon at the Community Centre

from Monday 20th July 2020 (Term time only)

1.00pm to 3.00pm in the Acacia Room

FREE to attend

Tea and Coffee provided

No need to book



DONATIONS OF WOOL

Our group of ladies meeting weekly in Sunnynook Community Centre are always grateful for the donations of wool for the on-going knitting of warm blankets for charities such as Plunket and Kidz First. Wool can be dropped off to the Sunnynook Community Centre office, Monday to Friday, 9am to 4pm.

NEIGHBOURHOOD SUPPORT NORTH SHORE



If you would like to know how to establish a Neighbourhood Support Group please contact manager Sam Farquhar, phone(09) 353-0427 or email: admin@neighbourhood.org.nz