



Sunnynook Community Centre

148 Sycamore Drive, Sunnynook, Auckland 0620
Phone (09) 410 4902 Email: office@sunnynookcomcentre.co.nz
Website: www.sunnynookcomcentre.co.nz
Office Hours: Monday to Friday 10.00am to 2.00pm



Sunnynook Community Centre Update 17th February 2022

For any enquiries please contact Bronwyn or Debbie at the
Community Centre Office on 410 4902 or email: office@sunnynookcomcentre.co.nz



Term 1 2022

MONDAYS

Board Games (daytime 1pm to 3pm)	410 4902
Rudd School of Rock	479 1081
NZ Muse School of Dance and Music Ltd	410 7088
Spirit Inc. Tribal Belly Dancing	021 266 0161
Zumba (6.45pm)	021 113 6203

TUESDAYS

Tai Chi - Maintenance (Eileen)	486 1051
Counter Punch Parkinson's Exercise Group	021 0287 8470
Tai Chi for Health - Intermediate level (Kathy)	021 187 5985
Rudd School of Rock	479 1081
Eye Level - Math & English Tuition	021 0810 9961
Brownies/Pippins	0800 222 292

WEDNESDAYS

Wednesday Walking Group	410 4902
Sunnynook Ladies Club (monthly)	410 6728
Rudd School of Rock	479 1081
Miles Dance School	027 2161 843
Zumba (5.30pm)	021 1136 203
Pilates	022 076 6112

THURSDAYS

Sunnynook Community Centre Indoor Bowls	410 4902
Eye Level - Math & English Tuition	021 0810 9961
Goju Ryu Karate - Richard Ly	021 065 0994
Sunnynook Toastmasters	
Email: sunnynookmasterpress@outlook.com	

FRIDAYS

Fitness League - rhythmic exercise	475 5215
Tai Chi - Maintenance (Eileen)	486 1051
NZ Muse School of Dance and Music Ltd	410 7088

SATURDAYS

Miles Dance School - Baby Ballerinas	027 2161 843
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SUNDAYS

Bread of Life Christian Church	021 158 2697
North Shore Country Music Club (fortnightly)	021 267 3135

Please contact each User Group
directly for more
information.

Masks must be worn in the
Community Centre and
Vaccine Passes shown.

Please remember to sign in on arrival
for your class.

Sunnynook / Forrest Hill / Totaravale Food Pantry

We have installed a Food Pantry outside the
Community Constables office.

"Take what you need, Give what you can"



Mask. Scan. Pass.
Good to go.

Find out more at [Covid19.govt.nz](https://www.covid19.govt.nz)

Unite
against
COVID-19

Sunnynook Alcoholics Anonymous (AA) Meeting

Currently meetings are held on Zoom

<https://aa.org.nz/meetings>

at the usual day and time:

FRIDAYS 12.30PM

"Auckland is a city made up of neighbourhoods and communities. At the heart of some of these Communities is a community house, centre or hub, a place for members of the local community to come together, attend programmes and courses, to grow and learn."